



Saving energy at the FMF

Due to the current tight supply situation for gas and electricity, we are also required to save energy, which is also generally desirable for the sake of the environment.

This can usually be achieved with simple measures such as:



Room temperature - heating, doors and windows

- The room temperature should not exceed 19 °C during the day and should not fall below 16 °C at night and at weekends
- To maintain the room temperature, the door should not be open all day
- Open windows only for shock ventilation, then close them again
- At nightfall, the roller shutters should be closed, as they represent a cold bridge

Power sockets

- To avoid a standby mode, multiple plugs with a separate switch-off button should be used

Monitor am Arbeitsplatz optimieren

- Screen savers should not be activated
- The brightness of the screen should be adjusted to the ambient light
- Pay attention to the energy-saving function of your computer
- Turn off the computer or external devices when you are not at work for a longer period of time

Light

- Switch off the light when leaving the room or when it is sufficiently bright

Water

- Do not let the water run unnecessarily, e.g. when washing your hands

Further info also under: https://www.nachhaltige.uni-freiburg.de/en/energy-saving-tipps?set_language=en

